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ONE HULL is Hull's Local Strategic Partnership (LSP), which brings together public, private, voluntary and community sectors to create a better city.



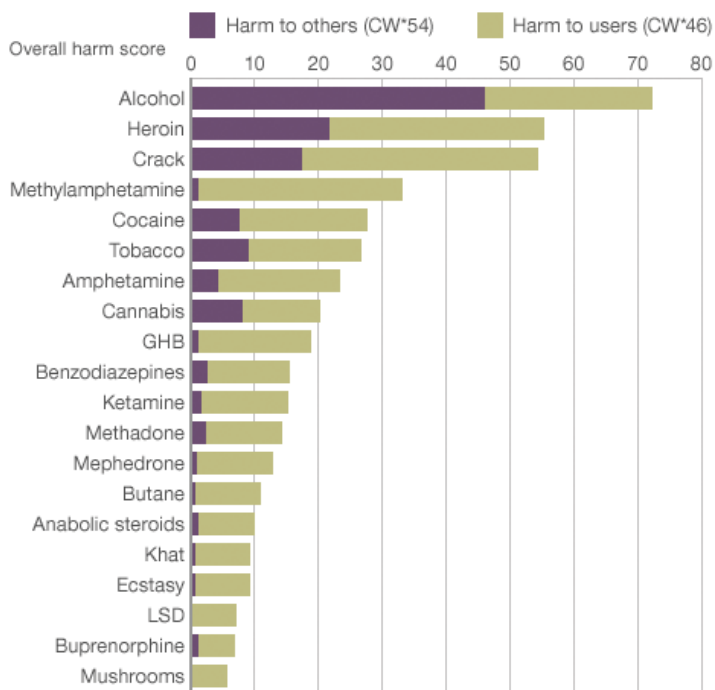
This edition focuses on Alcohol Services in Hull

The Independent Scientific Committee on Drugs published a research report in the Lancet in November – it ranked 20 drugs on 16 measures of harm to users and to wider society:

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(10\)61462-6/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(10)61462-6/fulltext)

Heroin, crack and crystal meth were deemed worst for individuals, with alcohol, heroin and crack cocaine worst for society, and alcohol worst overall.

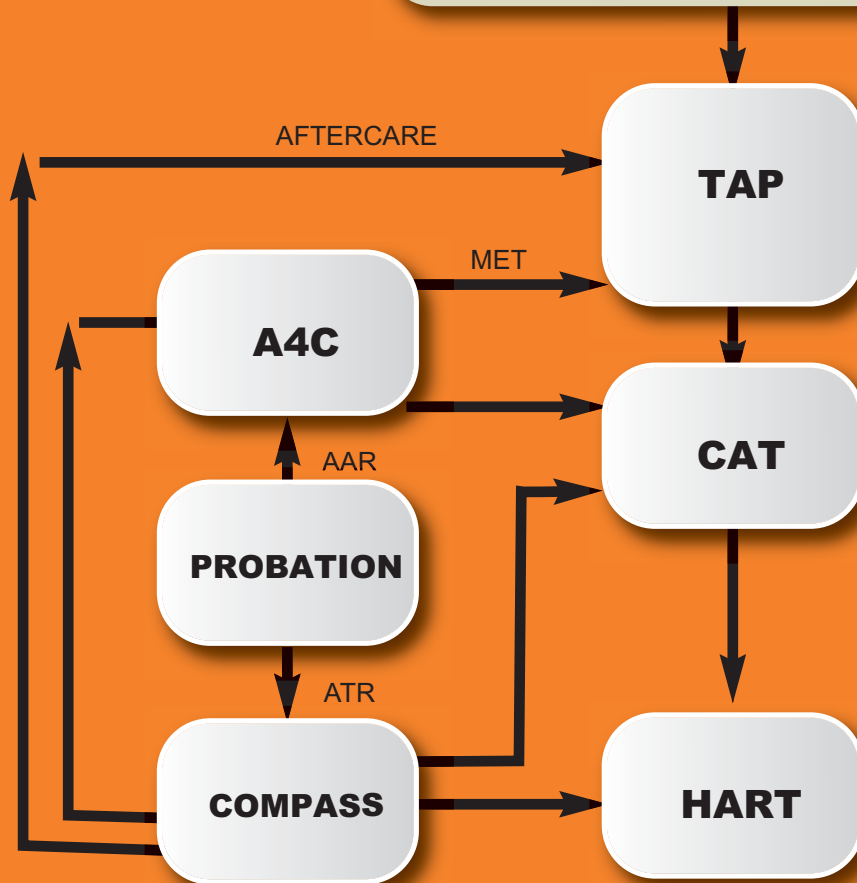
Most harmful drugs



*Cumulative Weight
Source: The Lancet

Hull Alcohol Treatment System Pathways

The main point of access to the alcohol treatment system by walking in, telephoning or referral by others.



Treatment Agencies

- TAP – The Alcohol Project (ADS)
- CAT – Community Alcohol Team (HMHTT)
- HART – Hull Alcohol Rehabilitation Team (Rapt)
- A4C – Action for Change
- ATR – Alcohol Treatment Requirement (Compass)

Alcohol Arrest Referral

From 1st December Arrest Referral Workers, based in custody suites, will begin alcohol screening, brief interventions and referral to The Alcohol Project.

Summary of Alcohol Services:

Further information on each of the services is available – please contact Anna on 612 816.



The Alcohol & Drug Service



The Alcohol Project, The Alcohol & Drug Service

82 Spring Bank, Hull, HU3 1AB
01482 320606

Remit: The main entry point for the Hull Alcohol Treatment System for adults (18+).

For those concerned about their own drinking (alcohol use) or concerned about someone else's drinking.

Interventions delivered:

Screening, brief interventions, initial assessment, referral on for medical assessment, crisis intervention, drop-in, structured psychological therapies, a recovery programme, a controlled drinking programme and concerned other support and PACT (Parent and Carer training programme).

Where a person is also using drugs, they will be seen by drug services – accessed via CDP. Alcohol use will be addressed alongside drug use by the drug treatment key worker.

Hull Community Alcohol Team, Humber NHS Foundation trust

7 Baker Street, Hull HU2 8HP
01482 336950

Remit: Care coordination for individuals in need of specialist services, reviewed by a multi disciplinary team of professionals in the care and treatment of alcohol problems.

Interventions delivered:

Specialist comprehensive assessment, development of treatment goals and a holistic package of care, access to inpatient facilities for assisted withdrawal, a range of psychotherapeutic and pharmaceutical interventions and onward referral to other programmes to support relapse prevention.

HART (Hull Alcohol Recovery Treatment), RAPT

53 Beverley Road, Hull, HU3 1XL
01482 581 122

Interventions delivered:

A day programme lasting for 13 weeks that is abstinence-based and addresses alcohol dependency. It offers support for people to gain and maintain sobriety, and develop the skills and support to regain their lives. It actively facilitates affiliation with existing self-help networks, such as AA.

Rapt also run **HARTBeat** which is a family support programme providing information and support for anyone whose life is or has been affected by someone else's problem drinking.

Alcohol Harm Reduction Service, Action for Change

1st Floor, Commerce House, 62 Paragon Street, Hull, HU1 3PW
01482 321594

Remit: Work with individuals, healthcare professionals, employers and community groups to reduce the harm done by alcohol misuse.

Interventions delivered by service:

Identification and Brief Advice (IBA), referral into the alcohol treatment services and Extended Identification and Brief Advice (EIBA) sessions. Training and support for employers and community organisations to deliver IBA's, promote safe and sensible drinking at relevant events.

Alcohol Treatment Requirement (ATR) Service, Compass

Compass, 13-14 Bowlalley Lane, Hull, HU1 1YT
01482 222686

Remit: To deliver Alcohol Treatment Requirement as part of a Community Court Order. Compass assesses appropriateness of an ATR for individuals being sentenced for an offence.

Interventions delivered:

Structured interventions to assist an individual to achieve controlled drinking or abstinence: Motivational work to build commitment to change and identify goals, support to address housing, debts, benefits, physical health, mental health and family issues, referral for specialist assessment and onward referral at end of ATR for any further support required.

AA and Abstain

Alcoholics Anonymous (<http://www.alcoholics-anonymous.org.uk/>) groups are also available in Hull, as well as Abstain (<http://www.abstain.org.uk/help.htm>) - set up for, and run by people with alcohol related problems.

Embrace Project

35% of clients seen at The Alcohol Project with an alcohol problem reported current or past experience of Domestic Violence as either a victim or perpetrator.

The Alcohol Project; 6 months snap shot of reporting out of 292 Screenings

	TOTAL	
	Female	Male
Currently experiencing domestic violence	11	5
Not currently experiencing but has done in the past	36	27
Perpetrator of domestic violence	5	17

In 2008 Hull was chosen as 1 of 9 pilot areas nationwide to develop the Embrace Project. The project aimed to work more effectively with families where there are alcohol problems and to address domestic violence and abuse.

In Hull the Alcohol Project developed working arrangements with the Domestic Abuse Partnership to more effectively address both issues. The Alcohol Project initial assessment forms include questions on domestic abuse, children and family.

Embracing alcohol, domestic violence and families – a new approach.

A conference is to be held to share learning and best practice from the pilot areas.

The conference will cover:

- > An understanding of the Embrace model
- > Key issues and evidence from practice
- > Policy development
- > More effective partnership development
- > Worker safety

Thursday 10 March 2011 in Manchester

Cost: £ 105.75

Bookings for the conference can be made via the following link;

<http://www.alcoholconcern.org.uk/alcohol-concern-in-action/events/embracing-alcohol-domestic-abuse-and-families-a-new-approach>



Alcohol Concern
Making Sense of Alcohol

ASIST

There is a link between substance misuse, and specifically alcohol, and suicide – often due to lowered inhibitions and impulsive behaviour.

A local suicide prevention strategy includes a commitment to increase the understanding and skills of a wide range of individuals and organisations whose work has a direct or indirect contribution to make to suicide prevention.

ASIST – Applied Suicide Intervention Skills Training – is available to provide members of care-giving organisations and groups with skills for helping people at risk of suicide behaviours. ASIST is a 2-day course (subsidised by the

Suicide Prevention Workstream of NHS Hull) delivered by 2 local trainers, enabling participants to;

- > Discuss suicide with a person at risk
- > Identify risk alerts and develop safe plans
- > List resources available to a person at risk
- > Recognise that suicide prevention is broader than suicide first aid and includes life promotion and self-care for caregivers.

To date 14 ASIST courses have been delivered (with 20 to 30 people per course). The next course is due to run on 17th and 18th March.

Anybody who is interested in the training or for further information, please contact:
Evelyn Krasner NHS Hull



Meet the Boozers

ReFresh undertook some innovative activity to mark alcohol awareness week this year - which ran from 18th to 23rd October.

A film titled Meet the Boozers was made which took the form of a spoof documentary of a typical Hull family who accept the challenge to look at their drinking. View the film at:

<http://www.youtube.com/watch?v=PVB9QbgdVAM>

One of the aims of the film is to raise awareness around how the cultural norm has become that drinking at hazardous levels is not seen as a concern. The focus was on the important role parents and carers can play in providing a good model of sensible drinking.

If you have any thoughts on how the film can be further utilized please contact Laura Starky at ReFresh on 331 059.

ReFresh also created a pop-up pub in the city centre to attract people - in particularly parents and carers. The ReFresh team gave away alcohol free beer and wine, screened the new film, had a DJ playing music, large pub games, college students giving free manicures and hand massages (the aim here was to show alternatives to relaxing after a day looking after children, working etc.), whilst staff

did IBAs (Identification and Brief Advice) and parenting practitioners spoke to parents and carers to promote the Strengthening Families 10 – 14 programme they provide, as well as offering top tips to parenting teenagers.

Over 500 people attend the event and sampled the non-alcoholic drinks and were given brief advice about alcohol units. 88 alcohol audit questionnaires were completed, of which 2 resulted in referral and 21 brief interventions were given with parents/carers.

Media coverage of the event took place by local TV, Radio and papers.

Alcohol Concern Chief Executive Don Shenker also expressed gratitude for how well ReFresh had raised awareness and provided information through the awareness week.

Photos from the event can be seen on the link below:

<http://www.flickr.com/photos/jellycatmedia/sets/72157625214058849/>



[Click here to return to page 5](#)

National and Local Updates

Psychosocial Services:

Compass Psychosocial Services have now moved to 27 Beverley Road, with the services' new manager Sadie Ross-Johnson. The previous offices in Percy Street are being used as a base for the CHOICES Service User Involvement Project.

An article was published in the Hull Daily Mail on 10th November highlighting the services;

<http://www.thisishullandeastriding.co.uk/news/New-home-new-services-substance-misuse-charity/article-2854464-detail/article.html>

Further information on Compass Psychosocial Services are available in Drugs Newsletter Issue 10; June 1010, or by contacting Sadie on 01482 580 525 or 328 656.

An updated Detox Handbook for service users, detailing what to expect and answering a range of questions service users may have, is available for services to go through with clients looking to detox. Handbook available on 580 525 or 328 656



Hull Drug Strategy Team system redesign consultation finishes on 6th December, to complete the web survey go to....

http://www.hullcc.gov.uk/portal/page?_pageid=221,107870&_dad=portal&_schema=PORTAL

Seizures of Drugs in England and Wales, 2009/2010 report published:

<http://rds.homeoffice.gov.uk/rds/pdfs10/hosb1710.pdf>

UK Government banned the importation of 2-DPMP

On 4th November the UK Government banned the importation of 2-DPMP (desoxypradol), the psychoactive drug found in some samples of the so-called 'legal high' brand 'Ivory Wave'. The Home Office press release can be found here:-.

<http://www.homeoffice.gov.uk/media-centre/press-releases/ivory-wave>

Updated estimated prevalence figures

Updated estimated prevalence figures for Hull were released by the University of Glasgow in October. The full report can be found at:

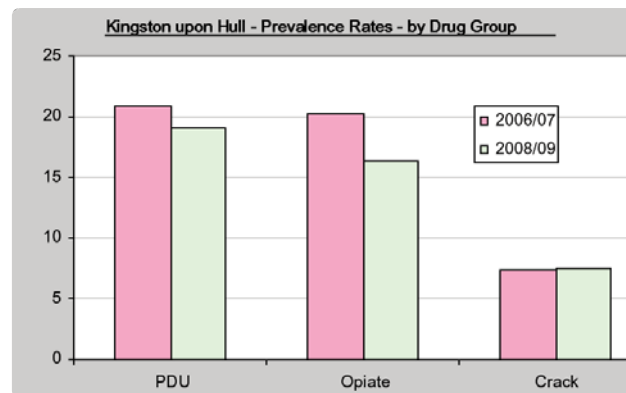
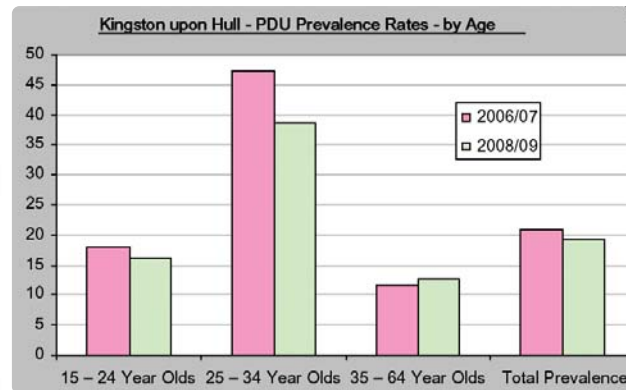
[http://www.nta.nhs.uk/uploads/yh\[1\].pdf](http://www.nta.nhs.uk/uploads/yh[1].pdf)

Regional and national figures can be found at:

<http://www.nta.nhs.uk/facts-prevalence.aspx>

The Prevalence rate for Problematic Drug Users (PDUs) has dropped since 2006/07 by 5.1%, from 3649 to 3464. (This is from 20.92 to 19.16 per 1000 of population.) The largest drop has been in the 25-34 year old range - 14.2% drop.

The most significant change in prevalence rates has come in the opiate using drug group. The prevalence rate has dropped by 15.8% - 54 opiate users (from 3506 to 2952) Crack rates have seen a slight increase in prevalence.



National Key Statistics; 2009/10

Statistic	Figure
Number of problem drug users in England (ie dependent on heroin or crack cocaine)	320,000
Number of adults in contact with treatment services	206,889
Number of adults effectively engaged in treatment for 12 weeks or more, or if leaving treatment before 12 weeks did so free of dependency	192,367
Number of adults successfully completing treatment free of dependency	23,680
Number of under 18s accessing substance misuse services	24,053

This newsletter can be made available in other formats (large print, audio and Braille as appropriate) Please telephone 300 300.

Workforce Training; October 2010 to March 2011

Training	Summary	Provider	Date
Recovery Awareness	Covers the recovery agenda and adapting practice to a recovery-orientated approach.	Drugtrain	30th Nov
Families and Treatment	Consider the impact of drugs and alcohol on families Involve family members in treatment Consider equality, diversity and cultural factors	Adfam	10th Dec
Drugs Now	New trends, new issues	Drugs Education Training	14th Dec
Families and Treatment	As above	Adfam	13th Jan
Itep	International Treatment Effectiveness Project - enhancing the quality of treatment interventions.	Consulting Circles	18th/ 19th Jan
Itep	As above	Blenheim CDP	27th/ 28th Jan
Managing Anger	Looks at how to help service users develop anger management techniques.	Drugtrain	1st Feb
Domestic Violence	Outlines issues relating to DV and links between DV and substance misuse, as well as referrals.	Citysafe	8th Feb
Alcohol	Screening for alcohol (in drug services) and offering brief interventions.	Action for Change	18th Feb

Advocacy training for service users and carers will also be run next year.

Over 200 training places have been filled on the courses by drug treatment workers and workers from a range of organisations who work with people, who may use drugs or where drug issues affect working practice (i.e. supporting people, ASB Team, Job Centre Plus, Together Women, Strength to Change, Youth Justice Service, Adult Social Care, Probation, North Bank Forum and the Environmental Regulation Team).

These courses are full however if staff/ managers are interested in specific drug-related training please contact Anna on 612816, as more training courses may be delivered next year.