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**ONE HULL** is Hull's Local Strategic Partnership (LSP), which brings together public, private, voluntary and community sectors to create a better city.

# Substance Misuse Resource Calendar



The new resource calendar – running July 2011 to June 2012 – provides information on the following:

- Drug Treatment & Recovery new contacts
- Recovery
- Alcohol Treatment & Support
- Training & Resources available
- Parent, Carer, Family Support
- Help for Young People
- Safeguarding
- Peer Support & Involvement
- Drug Policy in Business
- Substance Misuse Trends
- Harm Reduction
- Single Point of Contacts for a range of services



**Hull Substance Misuse Team**

**This calendar, along with the new referral form and drug and alcohol leaflets can be downloaded at [http://www.hullcc.gov.uk/portal/page?\\_pageid=221,589327&\\_dad=portal&\\_schema=PORTAL](http://www.hullcc.gov.uk/portal/page?_pageid=221,589327&_dad=portal&_schema=PORTAL)**

**To request copies please contact Anna in the Substance Misuse Team Telephone: 612816.**

# J2R - Journey to Recovery

## A new Community Drug Treatment and Prescribing Service for Hull

As part of the modernisation of Drug and Alcohol Services by Hull Substance Misuse Team (Hull CitySafe) from 4 July 2011 Community Drug Treatment and Prescribing Services across Hull will be delivered by DISC, St Martins Health Care and Acorn.

The service will provide group based recovery support programmes to help drug users overcome dependence and addiction and achieve the changes they need to lead a healthy life.

Feedback from our Service Users highlights the importance of the involvement of former users as part of a recovery programme - we will develop a volunteer and mentoring programme which will give people the opportunity to move from successful treatment to providing support for others as part of a structured service.

J2R will also help people to sustain their recovery by linking them to a range of services they need to address issues and meet their specific needs such as accessing employment and training opportunities, developing recovery networks, support to enhance parenting skills, prescribing and care management.

**J2R is a partnership of 3 key agencies who have a shared vision of service delivery and the common vision, that Recovery is a Reality.**



**DISC** is the lead partner and will, alongside Acorn, provide Community Drug Treatment Services (CDTS) across Hull.

“With a well proven track record of delivering successful recovery programmes, we are expert at bringing together partnerships to provide a range of expertise and maximise outcomes for those who need the most support.”

**Acorn** will work alongside DISC to deliver community rehabilitation programmes and Reduction and Motivation (RAMP) programmes, a successful recovery programme developed by Acorn which challenges drug use and supports people to move towards abstinence.

**St Martins Healthcare Services** will provide the prescribing element of the service.

“

“Our success is based upon our commitment to provide clinical experience, governance and medical staff to meet and exceed standards set by the NHS for substance misuse treatment.”

”

If you would like to know more about J2R Hull please visit [www.j2rhull.org.uk](http://www.j2rhull.org.uk) or email [info@j2rhull.org.uk](mailto:info@j2rhull.org.uk)

People currently accessing services who have any concerns about potential changes can call us on 08447 - 704 569 (charged at local rates)

Or send a query to the freetext service  
Text drugs j2rhull followed by your query to 80800

## During the transitional period from existing services to J2R:

- Assessments and care plans currently used will continue as normal.
- Clients will be given appointments in their usual location/ premises.
- Treatment, prescriptions and support will remain in place.
- CHOICES and Saffron Carer's Service will continue to operate as normal.
- Clients can use the 24/7 helpline 0800 612 6126

# Compass

## Compass Offender Recovery Service (CORS)

From July 4th Compass will launch the Compass **Offender Recovery Service** (or **CORS**).

The primary objectives of the service are:

- To combine current IDTS, CARAT and community prescribing teams to form the Compass Offender Recovery Service
- To provide a recovery pathway between HMP Hull and criminal justice prescribing services
- To allow the sharing of data and client records across the team to ensure continuity of care and reduce the time spent assessing and re-assessing when moving through the pathway
- To allow the service user to become familiar with the process of a single care provider

The service team will be made up of nurses, clinical support workers and case managers to deliver a recovery orientated approach to offenders, including pre and post detoxification support in the prison mirroring support available in the community, improving the opportunity for service users to sustain and maintain positive rehabilitation.

Additionally CORS will use Peer Advisors and Mentors to enable the 'through the gate' support allowing prisoners to successfully settle into their community, with a key focus on developing alternative interests and positive support networks.

## Compass Harm Reduction Service – The Point

On July 4th the new **Harm Reduction Service – The Point** will commence, this service aims to reduce the harms associated with substance misuse, for those in treatment, not in treatment and the wider community.

The primary objectives of the service are:

- To provide early interventions to service users to prevent their drug use escalating and becoming problematic
- To reduce substance misuse related harm to services users, those not in treatment and, by extension, the wider community
- To increase the number of service users entering structured treatment and successfully completing treatment drug free

By offering:

- Needle Exchange – centre based and peripatetic
- Open Access drop in – brief interventions, extended brief interventions
- Screening and referral to DISC Treatment and case management service
- Outreach
- Training – professionals and communities
- Peer Education

The service will operate 6 days per week on a centre base – 17 Albion Street, and on an outreach basis into the wider community in Hull. We will work with a range of other helping agencies, including the local hostels, women's centres and treatment services.

The service will be supported by Peer Advisors to engage and motivate others into accessing support.



*safer communities, healthier lives*

# CRI Hull Drug Intervention Programme

CRI Drug Interventions Programme (DIP) in Hull is the key crime reduction initiative involved in engaging substance misusing offenders in drug treatment.

DIP support people to move away from crime and into treatment, overcome issues related to substance misuse and lead them to achieve recovery.

Under the new treatment model in Hull, CRI DIP have become the single point of assessment for those involved in the Criminal Justice System. Case managers co-ordinate care and offer interventions tailored to individual needs of the service user.

Hull DIP also provide alcohol arrest referral services from Hull custody suites to steer those affected by problematic alcohol use and related offending into alcohol support and treatment.

DIP provide a 24-hour helpline for service users to access outside of core opening times: 0800 612 6126, and operate a drop-in Monday – Thursday 9.30-5pm and Friday 9.30-4.30pm. In addition DIP staff are co-located at Compass clinic prescribing services Tuesday and Wednesday evenings, as well as Saturday mornings.

**Hull DIP: 01482 620013**

**Web Site: <http://www.cri.org.uk/project/334>**

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# FREE Substance Misuse Training

The below courses are available to book free of charge.

Courses can be devised to meet your training needs – in terms of content, length, date and location.

To book contact Compass on 01482 221551 or [kay.brady@compass-uk.org](mailto:kay.brady@compass-uk.org)

Course	Duration	Content
<b>New Recovery-Focused Treatment System for Substance Misuse</b>	1 hour	Information on the new recovery-focused treatment system - which aims to enable people to live drug free lives & help reintegrate them back into communities – through a multi-agency approach, including involvement of families, mutual aid and help with training, employment and housing.  New providers' details and new drug trends are also covered.
<b>Family support for substance misuse</b>	1 hour	Information on the impact of drug use on family members, outlines support available for families in their own right & the benefit of involving families in a user's treatment.
<b>Basic Drug Awareness</b>	1 or 2 hour	Advice on signs, symptoms, drug facts, & helps staff identify what to do if someone under the influence of drugs or alcohol presents.
<b>Detailed drug Awareness</b>	1, 2 or 3 hours	Comprehensive overview of signs, symptoms, effects – to assist professionals in reducing risks & be able to analyse and respond to treatment needs. Includes information on the treatment system.
<b>Basic life Support &amp; Overdose Prevention</b>	2 hours	Signs, symptoms of overdose, what to do in the case of overdose (CPR) & overdose prevention advice to give drug users.
<b>Harm Reduction</b>	1, 2 or 3 hours	Improve knowledge & understanding regarding harm reduction. Assists in assessing risk & providing harm reduction advice & support.
<b>Hepatitis Training</b>	1.5 hours	Information on Hepatitis, screening & treatment available.
<b>Communication/ Assertiveness when dealing with people who use substances</b>	1 hour	This course aims to provide staff with the confidence to communicate effectively with people who use substances, as well as understanding effects & symptoms & identify when to seek medical assistance.

Compass Harm Reduction web site; [www.compassharmreduction.org.uk](http://www.compassharmreduction.org.uk) is available for information and support.

<b>Alcohol Treatment Services Event</b>	Thurs 30th June, 9am-1pm inc. lunch	Presentations and workshops on the Alcohol Treatment Services in Hull. Alcohol literature outlining services available from Substance Misuse Team -612816	Contact Wendy Bennett <a href="mailto:wendy@nbforum.org.uk">wendy@nbforum.org.uk</a>
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Safeguarding Training Programme April 2011 – March 2012

[http://www.hullcc.gov.uk/pls/portal/docs/PAGE/SAFEGUARDING\\_2010/HSCB\\_TRAINING/2011-12%20SAFEGUARDING%20TRAINING%20PROGRAMME.PDF](http://www.hullcc.gov.uk/pls/portal/docs/PAGE/SAFEGUARDING_2010/HSCB_TRAINING/2011-12%20SAFEGUARDING%20TRAINING%20PROGRAMME.PDF)

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# The co-operative pharmacy

## Leading a drug free life - Co-operative Pharmacy launches new service

From July, The Co-operative Pharmacy is launching a new substance misuse service in Hull to ensure clients receive the best possible care to help them lead a drug free life.

The service will be run from its two Hull branches and is based on an eight-point commitment to clients:

1. Branches will offer both a Supervised Consumption Service and a Needle Exchange Service where possible.
2. All pharmacists and registered technicians will complete appropriate professional training on substance misuse
3. Co-operative Pharmacy branch staff will have behavioural training to ensure the customer service given to clients is excellent.
4. Clients will be offered an information pack when they join The Co-operative Pharmacy including useful guidance leaflets, the pharmacy's commitment to them and what they can expect. A 12 week programme will be focused on their individual needs.
5. Clients will be seen in a private area, either a consultation room or a booth depending on their wishes and the layout of the branch, to offer a discreet and confidential service.
6. Where The Co-operative Pharmacy has a busy service the pharmacy will, where appropriate, introduce an automated Methadone solution to ensure that customers receive a quick and efficient service.
7. Clients will not be asked to sign a contract.
8. Every client will have their Methadone dispensed in daily bottles – this will ensure that there is no need for the client to measure out their medication, reducing the likelihood of overdose.



**Co-operative Pharmacy**  
**4 Princes Avenue**  
**Hull**  
**HU5 3QA**  
**Tel 01482 342500**

**Co-operative Pharmacy**  
**394 Holderness Road**  
**Hull**  
**HU9 3DL**  
**Tel 01482 782195**



**Hull  
 Substance  
 Misuse  
 Team**

**Vicky Harris:** Head of Offender Health & Substance Misuse  
**Anna Pilgrim:** Partnership & Community Engagement Coordinator  
**Nicola Harris:** Administrator  
**Glen Charlesworth:** Commissioning & Service Development Manager  
**Chloe Smith:** Transitions Project Manager  
 (seconded for 6 months to project manage & support the transition to the new treatment service model)  
**Tel: 01482 612327**

Web pages: [http://www.hullcc.gov.uk/portal/page?\\_pageid=221,589327&\\_dad=portal&\\_schema=PORTAL](http://www.hullcc.gov.uk/portal/page?_pageid=221,589327&_dad=portal&_schema=PORTAL)