

Safer steps help cut falls

A FOUR month campaign to dramatically reduce the number of falls and fractures experienced by older people has been launched across the City.

Ill-fitting footwear - especially slippers - are said to contribute to the 25,000 falls each year.

Now a partnership between Hull Teaching Primary Care Trust (HTPCT), Hull City Council and Age Concern, is set to raise awareness of some of the causes of trips and slips amongst older people.

As part of an ongoing falls prevention campaign, Hull will be offering to replace worn-out slippers with new professionally fitted slippers thanks to funding by ONE HULL, through the Neighbourhood Renewal Fund.

Hip protectors can also be provided as part of the Sloppy Slippers scheme.

Boosting the profile of the campaign was the Lord Mayor of Hull Councillor Brenda Petch, who highlighted the importance of better fitting footwear.

Dr Mark Hancocks is the Clinical Lead for the Hull Falls Service and currently chairs the Integrated Falls and Osteoporosis Strategy Group.

"It forms part of a much wider programme of activity to reduce falls and fractures," he said.

"We are all very committed to continue developing falls services in order to help older



SURE FOOTING: Lord Mayor of Hull Cllr Brenda Petch with Janet Day and Gail Marston of Nature Form'z Sloppy Slipper Campaign (picture courtesy of Hull City Council Housing)

people maintain their health and independence and to reduce the risk of fractures and other injuries."

Cllr Stephen Baker, Portfolio Holder for Inclusion said: "I am delighted that we are part of this partnership between health, social care and a number of voluntary organisations."

Education events are also being

staged across the City to try to help cut the number of slips and falls, which in Hull result in more than 300 hip fractures.

The cost to local services average £20,000, meaning fractures alone cost the local authorities more than £6m per year.

For more information, please call Age Concern's fall team on (01482) 591525.

WELCOME to the **ONE HULL Bulletin** produced by your **Local Strategic Partnership (LSP) ONE HULL**, which brings together the public, private, voluntary and community sectors to create a better City.

The aim of this enews bulletin is to keep individuals and organisations across the City up-to-date with news and developments. Please use your magnification settings to enlarge the text as required.

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Healthy New Year for City residents

HULL residents are being invited to enrol on the next series of Looking Good Feeling Good courses.

The 12-week free classes supports people to make important lifestyle changes, including healthy eating, losing weight and becoming more active.

13 participants on one community programme last year lost a total of 92lbs.

Community Development Worker for the Hull Teaching Primary Care Trust (HTPCT) Christine Ebeltoft helps run the courses.

She said: "The New Year is a great time for thinking about making lifestyle changes with the support of a group of like minded people.

"Looking good, Feeling Good is a well established programme that we know really works."

The successful sessions are run by the HTPCT and are funded by ONE HULL.

For more information on future community projects, please call Christine direct on (01482) 303670.

Top of the shops

HULL is set to become one of the best shopping cities in the UK by 2012, according to experts.

Research by specialist retail consultants Javelin Group – which lists leading companies such as Harrods and Sony among its clients – claims the City will provide a better shopping experience than London's famous Oxford Street.

Hull is presently ranked as the 10th best shopping destination, but could leap to 6th in the UK.

The report comes on the back of news that Hull Citybuild's outline planning application for the second phase of development at Humber Quays as part of the delivery of the City Centre Masterplan has been approved.

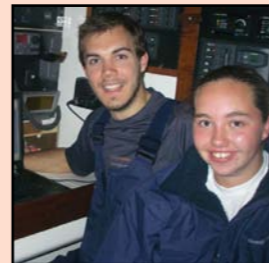
The Boom scheme on the east bank of the River Hull, which includes almost 400 apartments, offices as well as recreational facilities, has also been brought forward.

The iconic footbridge, which will link the scheme to the west of the City, is being developed by Citybuild, with funding from Yorkshire Forward.

The Urban Regeneration Company was recently presented with the Regeneration Organisation of the Year award.

On a crest of a wave

PROUD: ONE HULL Tag Team members Laura Beaumont and Paul Langham check the route on the African leg of the race



ONE HULL Tag Team member Laura Beaumont has been recognised for her amazing contribution to sport.

At the Sport England Yorkshire Awards, the 18 year old from east Hull won the best disability athlete award.

Laura represented Great Britain at the Special Olympics in Belgium, where she won the swimming Gold Medal in the 100m freestyle; she has also recently returned from the second leg of the Clipper Round the World Yacht Race.

She said: "I was very pleased and honoured to be nominated. But to win the award was something else."

Hull City Council Children's Services Implementation Manager Dave Bertholini, who is co-ordinating the project, said she was a credit to the City.

"Laura has shown what can be achieved if you have the tools and determination to succeed," he said.

"She has excelled in sport and in becoming a valuable crew member.

"I am sure this will stand her in good stead for her dream job of encouraging people with disabilities into activities and sport."

Fellow Tag Team member Holly Newton, 19, recently took part in a prestigious ceremony in Fremantle, Australia calling for the abolishment of modern day slavery. The mantle was then passed on to 18-year-old Avril Purchon who sailed to Singapore; she is now heading for China.

The Petition is being carried 35,000 miles around the world on board Yorkshire Forward's Hull & Humber Clipper by the ONE HULL Tag Team, a specially selected group of young people from Hull.

The initiative was set up in recognition of the 200th anniversary of the abolishment of slavery in the UK, a campaign led by Hull MP William Wilberforce.

Olympic bid for Hull businesses



BACKING: Hull Business Forum Manager Nick Pontone at the KC Stadium

LOCAL businesses are being urged to tender for work created by the London 2012 Olympics.

A special Olympic Delivery Authority Business Procurement afternoon event is to be held at the Guildhall, Alfred Gelder Street, in Hull.

Experts will be on hand to advise firms of the opportunities surrounding the games and explain why companies should register with CompeteFor – a website backed by the Regional Development Agency, Yorkshire Forward.

At the event, advice will be given on how to get support with the tendering process, as well as schemes such as Train2Gain, a Government initiative providing independent advice on training.

The seminar will include representatives from the Olympic Delivery Authority, Business Link and the Learning and Skills Council.

The new CompeteFor website acts as a brokerage service, as well as providing access to business support services; building skills and capacity to ensure that local businesses can also access opportunities linked to the hosting of the London 2012 Games.

Organisers say businesses in every sector from construction, engineering

and manufacturing to creative, merchandising and retail will be among those which stand to benefit.

Hull Business Forum Manager Nick Pontone said there was real potential for local businesses of all sizes to benefit from the Games.

"Companies of all sizes could well gain by providing services to support major contracts for technical or advisory support, catering, equipment sales, security or venue hire," he said.

"Hull pushing to become an Olympic village may also mean construction opportunities in order to develop the infrastructure as more of a medium to long-term plan. We would really urge companies to get ahead of the game and show the great portfolio of services local businesses have to offer."

Executive Director for Business at Yorkshire Forward Simon Hill said the London Olympics was a chance to get Yorkshire and the Humber on to a "ready-made global business platform".

For more information or to register a place for the Tuesday, February 19, 2008 event, please call Sarah Emanuel on (01274) 444128 or email sarah.emmanuel@lsc.gov.uk.

Alternatively, please visit www.competefor.com for more details.

COMPACT WORKING: Hull wins national 'gold' award for flood-relief efforts

Top team work recognised



City workers say they are "honoured" to receive a gold community award in recognition of their work following the aftermath of the June 2007 floods. Christopher Parker finds out more about the prestigious COMPACT Award – and the role of the local partnership initiative

FOR many Hull residents the patchwork quilt of caravans and skips still evident across the City is a painful reminder of last year's floods.

Nearly eight months on, many local people are still waiting to return home.

The unprecedented weather conditions in June saw 100mm of rain fall in just 24 hours – compared to an average for a mid June day of 1.7mm, and a monthly average of 53.1mm.

The partnership effort by the local community saw donations of food, equipment, essential items and hands-on assistance come from businesses, public organisations and voluntary and community groups.

Now workers and volunteers from across the City said they were "honoured" to receive national recognition for their community work carried out in the aftermath of the floods. Hull is one of just four areas to be awarded gold status as part of the National COMPACT Commendations awarded for COMPACT Excellence.

Hull Community and Voluntary Services (Hull CVS) and Hull City Council worked closely in partnership to support people in need across the City.

Both sectors have now received their official commendation certificates for innovation and impact for their partnership working following the initial announcement at a special ceremony at Westminster, attended by Government Ministers.



TEAM WORK: Hull City Council's COMPACT Officer Maxine Hunter with Mike Scott, Learning Services Manager for Hull CVS and (Opposite Main) a badly flood-hit home in Hull and (Opposite Inset) Community Warden Tom Smith wades along Arcon Drive, off Anlaby Road to deliver baby milk to a stranded mum in one of the flats during the June floods

What's this Hull COMPACT about?

- HULL COMPACT was set up by Hull's Local Strategic Partnership ONE HULL to improve services and the quality of life for local people.

- COMPACT is an agreement that aims to provide a framework for developing effective relationships between the public and voluntary and community sectors across the City.

- Following the launch of Hull's COMPACT in 2004, Codes have been developed on Funding and Procurement, Volunteering, Community Groups, Consultation and Policy Appraisal and Black and Minority Ethnic Groups.

- Groups involved include Connexions, Hull City Council, DOC, Hull CVS, Hull University, HANA, North Bank Forum and the Hull Teaching Primary Care Trust.

- Following consultation, it was implemented across Hull City Council in November 2004.

- Steering Group members are also raising awareness of



COMPACT through their organisations, ensuring policies and good practice is shared.

- Members are set to organise an event during COMPACT Week in November to acknowledge the good work taking place across the City.

- For more information, please call the Hull City Council COMPACT Officer Maxine Hunter on (01482) 613579 or visit www.thecomcompact.org.uk.

"We are honoured to accept this award on behalf of Hull City Council, Hull CVS and the voluntary and community sector," said Mike Scott, Learning Services Manager for Hull CVS.

"This award is in recognition of the hard work that has taken place in partnership throughout the whole community during the floods. This work is still continuing."

Hull City Council's COMPACT Officer Maxine Hunter added: "We are delighted to receive this recognition of the immense effort that went into the flood-relief work by all sectors of the community. We should be proud of the partnership effort that was demonstrated, which is a reflection on the amazing dedication of local people."

Apart from setting up the administration for the Hull Flood Fund and a panel for hardship applications, teams set up a fair and transparent system to allocate donated goods and some £115,000 of vouchers to victims of the floods.

Continuing the good work after the flooding, teams set up advice, support and counselling surgeries, along with providing practical support, such as re-decorating, gardening and helping people move back into their homes.

The two organisations went on to successfully bid for £720,000 from the British Red Cross for the flood-relief effort.

Hull City Council Chief Executive Kim Ryley, said: "This is recognition of the immense effort that went into the flood

relief work by Council staff, the CVS and volunteers across the City to help those most in need."

COMPACT is an agreement that aims to provide a framework for developing effective relationships between the public, voluntary and community sectors.

Speaking about the vital role COMPACT has to play in the City, ONE HULL Manager Maria Padmore said the aim was to ensure everyone works toward helping to improve services, as well as develop opportunities for learning, training, employment and economic growth.

She added: "Voluntary and community groups across Hull are a valuable asset; this was clearly demonstrated during the June floods last year."